

1 October 2020

Dear Residents

Covid-19 Update #11 – Swimming pool use by residents and children’s learn-to-swim lessons

With summer approaching, The Pier’s Strata Committee has considered a number of requests from residents asking when they can resume their child’s learn-to-swim lesson. We have carefully considered the importance of children learning swimming skills and safe water practices in the context of the health guidelines and safety elements associated with the pool environment.

We believe it is appropriate for learn-to-swim lessons to resume from today with the conditions described below.

The strata committee also considered personal trainers in the gym. At this stage, personal trainers in the gym are still not permitted. The committee considers the gym environment to continue to be higher health risk with its smaller cubic space and air volume, lower ceilings and lack of opening windows. A personal trainer would also limit access for residents, taking one of the three resident spots.

We continue to be guided by the same principles we’ve used throughout COVID-19:

- Taking a cautious approach by following government health mandates and determining how best they apply in The Pier’s circumstances.
- Acting in a manner that allows us to maintain a safe and healthy environment on The Pier that doesn’t put others at risk.

Conditions for learn-to-swim lessons

- Learn-to-swim lessons can be held with one instructor and a resident’s young family in the same household. This may include family members if they are in the direct care of the Pier’s resident on the day of the swim lesson.
- Use one lane while respecting the clear space of a person doing laps in the adjacent lane.
- Limit of 30 minutes per person or household group per day.
- Learn-to-swim instructors are contracted by the resident. The resident should ensure the instructor holds appropriate insurances and that the instructor understands and agrees to The Pier’s conditions for learn-to-swim lessons. The resident will also need to ensure that the instructor lodges their COVID-19 Safe plan with building management before any lessons can commence.
- The instructor must **not** enter The Pier if they have any COVID-19 symptoms, have been a close contact of someone with COVID-19, or have been tested for COVID-19 and are waiting on results.

The lesson

- The resident should meet the instructor, escort them directly to the pool area and remain with the instructor and child/children throughout the lesson.
- On arrival at the pool area, the first requirement is **to sign-in to allow for contact tracing**. should an issue arise. The instructor and resident must register their arrival and departure time in the visitor book which is at the entrance to the pool. It is mandatory that the

instructor registers their own personal details and not be included with the Pier resident's details.

Sign in for contact tracing - gym, pool, spa and sauna

We will be adding a QR code check in option which is used in many places as a contactless, hygienic method of collecting details. The visitor book will also be available for those who prefer this method.

General reminder on pool, spa and sauna use

- Use the pool for exercise, learning to swim or recreation purposes – not social – with one (1) person per lane when swimming or walking laps
- Residents who live together on The Pier (a “residence group”) may use the pool as a group, but only if possible while respecting the clear space of persons already present doing laps.

Sauna and Spa

- The sauna is less than 4sqm, therefore only one person or residence group may use the sauna. If using the sauna, please make sure that you (and all users) sit or lie on a towel.
- One person or residence group in the spa at a time and please limit your time to 30 minutes if others are waiting.

Pool decks

- The pool decks are outside areas and accordingly are open, with the 4sqm rule in place.

General

- Only Pier residents (plus instructors as outlined above) are allowed to use pool, spa and sauna.
- Shower at home with soap before you go to the pool, spa or sauna.
- Use the hand sanitiser near the doors.
- The shower and change rooms on the pool level will not be available for the time being.
- Ambulant toilet on the pool level will be available for emergencies.
- Physical distancing - stay 1.5m apart.
- Once finished swimming/exercising, please leave the area immediately.

Latest information

To help all of us stay across the latest government health information, here is a useful [link](#). Our website The Pier/COVID-19 also has the latest COVID updates.

We share a responsibility to contribute to a safe environment for us all, and we thank you all for your continuing cooperation.

The Pier Strata Committee