

12 June 2020

Dear Residents

### **Covid-19 Update #8 – Further easing of restrictions and Re-opening of the pool, spa, sauna and gym on Saturday 13 June**

With the latest government changes about indoor facilities, The Pier's Strata Committee and Building Management have considered how to safely reopen our pool, spa, sauna and gym this Saturday.

We continue to be guided by the same principles we've used throughout COVID-19:

- Taking a cautious approach by following government health mandates and determining how best they apply in The Pier's circumstances
- Acting in a manner that allows us to maintain a safe and healthy environment on The Pier that doesn't put others at risk. We have a large number of high risk category residents.

#### **What's been recently announced?**

The NSW Government has announced the reopening of gyms and indoor facilities, with the 4 square metre rule applied at all times, from Saturday 13 June 2020, including:

- fitness, gymnasiums, pilates, yoga and dance studios, which can reopen with up to 10 people per class and up to 100 people in an indoor venue
- community centres, including their recreational facilities
- some indoor recreational facilities including pools and saunas can reopen with restricted numbers.

The NSW Govt also announced that from this Saturday, 13 June the number of people allowed to visit homes increases from 5 to 20. The common safety principle that applies is the one person per 4 square metres.

The final NSW Health Order covering these changes is yet to be published so there may be further changes and/or clarification once we have the full details.

#### **Pool, Spa and Sauna COVID-19 safe environment rules**

To facilitate physical distancing and good hygiene, there are some extra practices to ensure COVID-19 safe environments:

The first practice is to sign-in to allow for contact tracing should an issue arise. We ask residents to register their arrival and departure time in each section, pool, spa, sauna and gym. Visitor books will be at the entrances of the gym and the pool.

#### **Pool**

- Use the pool for exercise or recreation purposes – not social – with one (1) person per lane when swimming or walking laps

- Residents who live together on The Pier (we call this a “residence group”) may use the pool as a group, but only if this is possible while respecting the clear space of the persons already present who are doing laps.
- Limit of 30 minutes per person per day.

#### Sauna

- The sauna is less than 4sqm, therefore only one (1) person or residence group may use the sauna. If you’re using the sauna, please make sure that you (and all users) sit or lie on a towel.

#### Spa

- One (1) person or residence group in the spa at a time and please limit your time to 30 minutes if others are waiting.

#### Pool decks

- The pool decks are outside areas and accordingly can be opened, with the 4sqm rule in place.

#### General

- Only Pier residents are allowed to use pool, spa and sauna (to minimise health issues brought in from non-residents).
- Shower at home with soap before you go to the pool or spa.
- Use the hand sanitiser near the doors.
- Change rooms will not be available for the time being.
- Shower on the pool level will not be available.
- Ambulant toilet on the pool level will be available for emergencies.
- Physical distancing - stay 1.5 m apart.
- The pool and spa temperature will remain at 26 degrees as previously advised. (This keeps chlorine levels more stable providing for stronger and better water treatment. We traditionally kept the pool at 28 degrees, however once water temperature is above 27 degrees, chlorine starts to become unstable and burns off at exponential rates, meaning we have to consistently add more chlorine to stabilise the level. The spa was kept at 34 degrees, so will feel much cooler than usual.)
- Once finished swimming/exercising, please leave the area immediately.

#### Gym COVID-19 safe environment rules

- Sign-in for contact tracing - we ask residents to register their arrival and departure time in the visitor book at the entrance to the gym.
- The usable room size is 14sqm, therefore there can be no more than three (3) people in the gym at a time.
- In order to achieve the required 1.5m spacing, we’ll turn off every second cardio machine, and put signs up to identify these.
- The stations on the weight machines are not 1.5m apart. Therefore, if two (2) people want to use the weight machines they must each use the alternate station to the other person. We’ll put tape on the floor with the measurements so that people are informed.
- Please clean equipment handles, seats etc. with disinfectant before and after use. Glen 20 will be supplied.

- No personal trainers at the gym. The social distancing space requirements means the trainer takes up one of the three available people spaces. This isn't appropriate or an equitable use for residents.
- Both air conditioners to be left on at all times gym is open.

### Cleaning

As our facilities reopen, we will again clean them twice a day. Our cleaning service, Aster, has asked that the gym be closed so they can do a thorough clean in the most effective way. This will be between 1pm – 1.40pm, as in the past this is one of the quieter times.

### Doors to carpark lift lobbies

As part of the "return to normal", doors to carpark lift lobbies will be returned to their everyday situation of being shut and locked from Friday June 12<sup>th</sup>. This will allow the building's heating to be effective throughout the lobbies. With the recent cold weather, the aircon in the lobbies has been working overtime!

Hand Sanister will be available by the carpark door swipes. This will help facilitate good hand hygiene as we all come in from outside.

### Food deliveries

The food delivery process will remain the same. Residents need to collect ordered food direct from restaurants or meet the delivery at the entrance to The Pier. Concierge will not deliver takeaway food.

### Front door stays locked

We will continue to keep the front door locked with it being unlocked as required by concierge.

### Latest information

To help all of us stay across the latest information, here are some useful links . Our website The Pier/COVID-19 has the latest information. We share a responsibility in contributing to a safe environment for us all and we thank you all for your terrific cooperation over the last few months.

The Pier Strata Committee